

தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம் TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY Accredited with "B" Grade by NAAC

India's First State University in Physical Education and Sports

## **CRITERION-1**

## KEY INDICATOR 1.3: CURRICULUM ENRICHMENT

1.3.3: PROGRAM AND COURSE CONTENTS HAVING ELEMENT OF FIELD PROJECTS / RESEARCH PROJECTS / INTERNSHIPS AS APPROVED BY BOS

MINUTES OF BOARD OF STUDIES (2023-2018)

Registrar
Tamilnadu Physical Education
and
Sports University
Chennal - 600 127.

## Tamilnadu Physical Education and Sports University Department of Sports Biomechanics and Kinesiology

## Board of Studies Minutes of the Meeting for Regular Programme - 28th JUNE 2023

The meeting of the Board of Studies was held at 11.00 am on 28.06.2023 (Wednesday) at the Syndicate Hall, Tamil Nadu Physical Education and Sports University, Chennai - 600127. The chairmen of the board Dr. P.Rajinikumar, Associate Professor (Unit Head- Sports Mechanics), welcomed the members and presented the skeletal syllabus prepared. The following members were present in the Board of Studies meeting:

#### Members Present:

S. No	Name	Designation	Department/ Institution
1	Dr. P.Rajinikumar	Associate Professor & Unit Head	Sports Biomechanics and Kinesiology, TNPESU, Chennai.
2	Dr.P.K.Senthilkumar	Associate Professor and Head i/c	Dept. of Exercise Physiology and Biomechanics, TNPESU, Chennai.
3	Dr. Grace Helina	Professor	Dept. of Exercise Physiology and Biomechanics, TNPESU, Chennai.
4	Dr. R.Venkatesan	Associate Professor	Dept. of Exercise Physiology and Biomechanics, TNPESU
5	Dr. R. Ramakrishnan	Professor and Head & Registrar i/c	Dept. of Advanced Sports Training and Technology, TNPESU, Chennai.
6	Dr.Praveen, Scientific Officer, Dept. of Sports Biomechnaics and Kinesiology, Sports Authority of India, Bangalore	Scientific Officer (SAI)	Dept. of Sports Biomechanics and Kinesiology, Sports Authority of India, Bangalore

The leave of absence was considered for Dr. M.Manivannan, Professor, Applied Mechanics, IIT, Madras and Dr.Dobson Dominic, Professor & Head, Dept. of Sports Medicine and Sports Science, Saveetha University, Chennai.

S. No	Name	Designation	Department/Institution
6.	Dr. M.Manivannan	Professor	Applied Mechanics, IIT, Madras
7.	Dr.Dobson Dominic	Professor & Head	Dept. of Sports Medicine and Sports Science, Saveetha University, Chennai

The members of the Board of Studies in Sports Biomechanics and Kinesiology (Regular) have reviewed the existing curriculum, discussed elaborately on the same and approved the revised curriculum, syllabi and regulations of the following Programmes under Choice Based Credit System (CBCS) and Learning Based Outcome curriculum Framework (LBOCF) to be offered by the Department of Sports Biomechanics and Kinesiology, Tamil Nadu Physical Education and Sports University from the academic year 2023-2024 onwards.

Name of the Programme	Specialization	Duration	No of Semesters	Total Credits		
B.Sc Sports Biomechanics and Kinesiology	Sports Biomechanics and Kinesiology	3 Years	6	145		
M.Sc Sports Biomechanics and Kinesiology	Sports Biomechanics and Kinesiology	2 Years	6	110		
Value added course	Orthotic and Prosthetics	Certificate course	30 Hours			
Value added course	Functional training	Certificate course	30 Hours			
P.G.Diploma in HYBRID Mode (Online and Offline combined)						
P.G Diploma in Sports Biomechanics and Kinesiology	Sports Biomechanics and Kinesiology	Certificate course	2 Semesters	80		

P.G Diploma in Strength and Conditioning	Strength and Conditioning	P.G Diploma course (1 year)	2 Semesters	80
P.G. Diploma in Performance analysis in sports	Sports Performance analysis	P.G Diploma course (1 Year)	2 Semesters	80
P.G. Diploma in Kinanthropometry	Strength and Conditioning	P.G Diploma course (1 Year)	2 Semesters	80
P.G Diploma in Human Gait and Posture	Gait and Posture	P.G Diploma course (1 Year)	2 Semesters	80

The detailed curriculum, syllabi and regulations are appended in this minute.

S. No	Name	Signature
1	Dr.P.Rajinikumar	Jan 29.00.25
2	Dr.P.K SenthilKumar	
3	Dr.Grace Helina	mendelia 23
4	Dr.R.Venkatesan	
5	Dr.R.Ramakrishnan	
6	Dr.Praveen	28/6/23

## Tamilnadu Physical Education and Sports University Department of Sports Biomechanics and Kinesiology

## Board of Studies Minutes of the Meeting for Regular Programme - 28th JUNE 2023

The meeting of the Board of Studies was held at 11.00 am on 28.06.2023 (Wednesday) at the Syndicate Hall, Tamil Nadu Physical Education and Sports University, Chennai - 600127. The chairmen of the board Dr. P.Rajinikumar, Associate Professor (Unit Head- Sports Mechanics), welcomed the members and presented the skeletal syllabus prepared. The following members were present in the Board of Studies meeting:

#### Members Present:

S. No	Name	Designation	Department/ Institution
1	Dr. P.Rajinikumar	Associate Professor & Unit Head	Sports Biomechanics and Kinesiology, TNPESU, Chennai.
2	Dr.P.K.Senthilkumar	Associate Professor and Head i/c	Dept. of Exercise Physiology and Biomechanics, TNPESU, Chennai.
3	Dr. Grace Helina	Professor	Dept. of Exercise Physiology and Biomechanics, TNPESU, Chennai.
4	Dr. R.Venkatesan	Associate Professor	Dept. of Exercise Physiology and Biomechanics, TNPESU
5	Dr. R. Ramakrishnan	Professor and Head & Registrar i/c	Dept. of Advanced Sports Training and Technology, TNPESU, Chennai.
6	Dr.Praveen, Scientific Officer, Dept. of Sports Biomechnaics and Kinesiology, Sports Authority of India, Bangalore	Scientific Officer (SAI)	Dept. of Sports Biomechanics and Kinesiology, Sports Authority of India, Bangalore

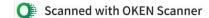
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The leave of absence was considered for Dr. M.Manivannan, Professor, Applied Mechanics, IIT, Madras and Dr. Dobson Dominic, Professor & Head, Dept. of Sports Medicine and Sports Science, Saveetha University, Chennai.

S. No	Name	Designation	Department/ Institution
6.	Dr. M.Manivannan	Professor	Applied Mechanics, IIT, Madras
7.	Dr.Dobson Dominic	Professor & Head	Dept. of Sports Medicine and Sports Science, Saveetha University, Chennai

The members of the Board of Studies in Sports Biomechanics and Kinesiology (Regular) have reviewed the existing curriculum, discussed elaborately on the same and approved the revised curriculum, syllabi and regulations of the following Programmes under Choice Based Credit System (CBCS) and Learning Based Outcome curriculum Framework (LBOCF) to be offered by the Department of Sports Biomechanics and Kinesiology, Tamil Nadu Physical Education and Sports University from the academic year 2023-2024 onwards.

Name of the Programme	Specialization	Duration	No of Semesters	Total Credits
B.Sc Sports Biomechanics and Kinesiology	Sports Biomechanics and Kinesiology	3 Years	6	145
M.Sc Sports Biomechanics and Kinesiology	Sports Biomechanics and Kinesiology	2 Years	6	110
Value added course	Orthotic and Prosthetics	Certificate course	30 Hours	
Value added course	Functional training	Certificate course	30 Hours	
P.G.Diploi	ma in HYBRID Mode (On	line and Offlin	e combined)	
P.G Diploma in Sports Biomechanics and Kinesiology	Sports Biomechanics and Kinesiology	Certificate course	2 Semesters	80



P.G Diploma in Strength and Conditioning	Strength and Conditioning	P.G Diploma course (1 year)	2 Semesters	80
P.G. Diploma in Performance analysis in sports	Sports Performance analysis	P.G Diploma course (1 Year)	2 Semesters	80
P.G. Diploma in Kinanthropometry	Strength and Conditioning	P.G Diploma course (1 Year)	2 Semesters	80
P.G Diploma in Human Gait and Posture	Gait and Posture	P.G Diploma course (1 Year)	2 Semesters	80

The detailed curriculum, syllabi and regulations are appended in this minute.

S. No	Name	Signature
1	Dr.P.Rajinikumar	John 28.00.25
2	Dr.P.K SenthilKumar	
3	Dr.Grace Helina	merallie 23
4	Dr.R.Venkatesan	•
5	Dr.R.Ramakrishnan	
6	Dr.Praveen	28/6/23

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## Tamilnadu Physical Education and Sports University Department of Exercise Physiology and Nutrition

## Board of Studies Minutes of the Meeting for Regular Programme - 19<sup>th</sup> JUNE 2023

The meeting of the Board of Studies was held on 19.06.2023 (Monday) at 11.00 am in Syndicate Hall, Tamil Nadu Physical Education and Sports University, Chennai - 600127. The chairmen of the board Dr. P.K SenthilKumar, Associate Professor & Head i/c, welcomed the members and presented the skeletal syllabus prepared. The following members were presented in the Board of Studies meeting:

#### Members Present:

S.No	Name	Designation	Department/ Institution
1	Dr.P.K Senthil Kumar	Associate Professor & Head i/c	Dept. of Exercise Physiology and Biomechanics, TNPESU, Chennai.
2	Dr.Grace Helina	Professor	Dept. of Exercise Physiology and Biomechanics, TNPESU, Chennai.
3	Dr.Malay Mandal	Senior Scientific office	Dept. of Exercise Physiology, SAI Centre, Bangalore.
4	Dr.Shiny Surendiran	Sports Nutritionist	Sri Ramchandra Medical University, Chennai
5	Dr.R.Ramakrishnan	Professor and Head & Registrar i/c	Dept. of Advanced Sports Training and Technology, TNPESU, Chennai.
6	Dr.R.Venkatesan	Associate Professor	Dept. of Exercise Physiology and Biomechanics, TNPESU
7	Dr.J.Anitha	Assistant Professor	Dept. of Statistics & Computer Applications, TNPESU, Chennai.
8	Dr.Arvind Malik	Dean	Faculty of Education, Kurukshetra University, Kurukshetra, Haryana, India, Pin - 136119
9.	Niranjan.K	PhD Scholar	TNPESU
10	Stanly.J	PhD Scholar	TNPESU

The leave absence was considered for Vasanthi.

S. No	Name	Designation	Department/ Institution
1	Dr. Vasanthi	Assistant Professor	Dept. of Physiology, Sri Ramchandra Medical University, Chennai

#### MINUTES OF THE MEETING OF BOARD OF STUDIES

Resolved that the members of the Board of Studies in Exercise Physiology and Nutrition (Regular) have reviewed the existing curriculum, discussed elaborately on the same and approved the revised curriculum, syllabi and regulations of the following Programmes under Choice Based Credit System (CBCS) and Learning Outcomes Based Curriculum Framework (LOCF to be offered by the Department of Exercise Physiology and Nutrition. The total number of seats for PG is 20 and UG is 30. Further, the Department Exercise Physiology and Nutrition offered value added courses from the academic year 2023-24 onwards:

Name of the Programme	Specialization	Duration	No of Semesters	Total Credits
M.Sc Exercise Physiology and Nutrition	Exercise Physiology and Nutrition	2 Years	4	91
B.Sc Exercise Physiology and Nutrition	Exercise Physiology and Nutrition	3 Years	6	140
Value-Added Course	Food and Nutrition	Strength: 30	30 hours	
Value-Added Course	Health & Nutrition	Strength: 30	30 hours	
Value-Added Course	Stability and Core Training	Strength: 30	30 hours	
Value-Added Course	Floor and Step Aerobics	Strength: 30	30 hours	
Value-Added Course	Basic instruments in Exercise Physiology	Strength: 30	30 hours	÷.

PG is 20

The list of panel members of Examiners and Question paper setters are appended in these minutes.

S. NO	NAME	DESIGNATION AND ADDRESS		
1 Dr. K. SREEDHAR		Professor & Director, Department of Sports Sciences, Annamalai University, Annamalainagar - 608002 Chidambaram sreedhar101@yahoo.co.in, 9443102524		
2	Dr. S. NAGARAJAN	Professor, Alagappa University College of Physical Education, Alagappa University Karaikudi - 630 003. +91 9442127618, naga.raksan@gmail.com		
3	Dr. K.V. BALAMURUGAN	Associate Professor, Department of Physical Education, Annamalai University, Annamalainagar - 608002 Chidambaram kumaraviswabala@gmail.com, 9443176545		
4	Dr. G. VINOD KUMAR	Professor, Department of Physical Education and Sports, Pondicherry University, Kalapet Pondicherry - 605 014. +91-413-2654-845,victorvickyvimal@gmail.com		
5	Dr. P. ANBALAGAN	Professor, Department of Physical Education, Bharathiar University, Coimbatore - 641 046. 0422 2428575, anbalagan@buc.edu.in		
6	Dr. D. MANIAZHAGU	Professor & Head Department of Physical Education and Sports, Central University of Tamil Nadu, Neelakudi, Thiruvarur - 610 005, maniazhagu@cutn.ac.in		
7	Dr. S. GLADY KIRUBAKAR,	Associate Professor, YMCA College of Physical Education Old No 333 New No 497, Anna Salai, Nandanam, Chennai - 600035		
8	Dr. S. SETHU	Assistant Professor Department of Physical Education and Sports Manonmaniam Sundaranar University Abishekapatti, Tirunelveli - 627012. 94434 61487, drsksethu@gmail.com		

The detailed curriculum, syllabi and regulations are appended in theis minutes.

S. No	Name	Signature
1	Dr.P.K SenthilKumar	Historia
2	Dr.Grace Helina	harshine har
- 3	Dr.Malai,Mandal	Aun
4	Dr.Shiny	ON LINE ATTENDED
5	Dr.R.Ramakrishnan	Marly along
6	Dr.R.Venkatesan	And Hans
7	Dr.J.Anitha	John 1916/23
8	Dr.Arvind Malik	

9. MY. K. NIRANJAN ID. MY. J. STANLEY

# Tamil Nadu Physical Education and Sports University, Chennai - 600127 Department of Sports Management and Sports Psychology & Sociology Board of Studies in Sports Management

The meeting of the Board of Studies in Sports Management was held on 19.06.2023 (Monday) at 11.00 am at the Syndicate Hall of the University for the revision of curriculum, syllabi and regulations for Bachelor of Business Administration (B.B.A) and Master of Business Administration (M.B.A) with specialization in Sports Management. The following members were present for the meeting:

S. No.	Name, Designation and Address		
1	Prof. V. Mangaiyarkarasi, Professor & Head, Department of Sports Management and Sports Psychology & Sociology, TNPESU, Chennai – 127		
2	Dr.S.Prem Kumar, Professor, Department of Sports Management and Sports Psychology & Sociology, TNPESU, Chennai – 127		
3	Dr.Shahin Ahmed, Professor, Department of Sports Management and Sports Psychology & Sociology, TNPESU, Chennai – 127		
4	Dr.V.Ramesh Kumar, Assistant Professor, Department of Sports Management and Sports Psychology & Sociology, TNPESU, Chennai – 127		
5	Dr.R.Ramakrishnan, Professor and Head Department of Advanced Sports Training and Technology, TNPESU, Chennai – 127		
6	Dr.R.Magesh, Professor and Head, Department of Management Studies, Anna University, Chennai – 600025		
7	Dr. B. Devamainthan, Professor (Attended through Online mode) Institute of Distance Education, University of Madras, Chennai – 600005		
8	Mr.K.Karthik Balaji, Project Manager -Sports (South India) Ebaco India Pvt Ltd, 57, 100 Feet Road, Defense Colony, Indira Nagar, Bengaluru – 560038		

The following member were absent for the meeting:

1	Dr.K.S.Chandrasekar, Professor,	( <del>)</del>
	Institute of Management in Kerala,	
	University of Kerala, Thiruvananthapuram – 695034	

#### MINUTES OF THE MEETING OF BOARD OF STUDIES

Resolved that the members of the Board of Studies in Sports Management reviewed the existing curriculum, discussed elaborately on the same and approved the revised curriculum, syllabi and regulations of the following Programmes under Choice Based Credit System (CBCS) to be offered by the

Department of Sports Management and Sports Psychology & Sociology of Tamil Nadu Physical Education and Sports University through regular mode from the Academic Year 2023-2024 onwards:

Name of the Programme	Specialization	Duration	No of Semesters
Master of Business Administration (M.B.A)	Sports Management	2 Years	4
Bachelor of Business Administration (B.B.A)	Sports Management	3 Years	6

The detailed curriculum, syllabi and regulations of Bachelor of Business Administration (B.B.A) and Master of Business Administration (M.B.A) with specialization in Sports Management have been appended in this minute.

Sl.No	Name of the Member	Signature
1	Prof. V. Mangaiyarkarasi	V. N. 1910612223.
2	Dr.S. Prem Kumar	50 mer 19706/23
3	Dr.Shahin Ahmed	Lan 19/06/23
4	Dr.V.Ramesh Kumar	Dan 19/06/23.
5	Dr.R.Ramakrishnan	Randightas
6	Dr.R.Magesh	Dundin
7	Dr.B Devamainthan	BO
8	Mr.K.Karthik Balaji	K. At B 1/19/06/23

## Tamil Nadu Physical Education and Sports University

Chennai - 127

## <u>Department of Physical Education</u> Minutes of the Board of Studies Meeting of Physical Education – 30.06.23

#### Agenda No:1

To consider and approve the implementation of Bachelor of Physical Education and Sports – (Three years) BPES with Choice Based Credit System and Preparation / Modification of Regulations and Syllabus offered in the University Department and Affiliated Colleges from the academic year 2023-2024.

Resolved to approve the implementation of Bachelor of Physical Education and Sports B.P.E.S – Three Years Programme with Choice Based Credit System-CBCS Pattern.

#### Agenda No: 2

To consider and approve the revision / modification of regulations / syllabus of Bachelor of Physical Education – B.P.Ed – Two Years with Choice Based Credit System offered in the University Department and Affiliated Colleges from the academic year 2023-2024.

Resolved to approve the revision / modification of regulations and syllabus of Bachelor of Physical Education – (Two years) BPEd with Choice Based Credit System offered in the University Department and Affiliated Colleges from the academic year 2023-2024.

#### Agenda No: 3

To consider and approve the revision / modification of regulations / syllabus of Master of Physical Education – M.P.Ed – Two Years with Choice Based Credit System offered in the University Department and Affiliated Colleges from the academic year 2023-2024...

Resolved to approve the revision / modification of regulations and syllabus of Master of Physical Education – (Two years) M.P.Ed with Choice Based Credit System offered in the University Department and Affiliated Colleges from the academic year 2023-2024.

### Agenda No: 4

To consider and approve the Board of Examiners for the Programmes related to Physical Education B.P.E.S, B.P.Ed, M.P.Ed and Ph.D in Physical Education offered by the University Department and Affiliated Colleges.

Resolved to approve the Board of Examiners recommended by the Board of Studies of Physical Education towards the examination works such as Question Paper Setting, Central Valuation and Practical Examination and other Examination works related to Physical Education Programmes (B.P.E.S, B.P.Ed, M.P.Ed and Ph.D in Physical Education) offered by the University Department and Affiliated Colleges.

The BOS committee of physical education after finalizing the above matters recommended to the academic council for its approval.

Page 2

The BOS committee of physical education after finalizing the above matters recommended to the academic council for its approval

Signed on 30.06.2023

S.No	Name and Designation of the Members	Signature	
1.	<b>Dr.S.Manikandan</b> , Professor and Head, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127.	S. Muy 30/6/8	
2.	Prof. Dr.S.Thirumalaikumar Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127.	S. Ohm My	
3.	<b>Dr.P.Kumaravelu</b> , Associate Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127.	Report 301	
4.	<b>Dr.I.Lilly Pushpam</b> , Associate Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127.	_	
5.	<b>Dr.K.Rajeshkumar</b> , Assistant Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	K 7 M-8/ 5)my	
6.	Dr.Duraisamy , Associate Professor and Head i/c, Department of Yoga, Tamil Nadu Physical Education and Sports University, Chennai-127.		
7.	Prof. Dr.K.Muralirajan, Principal i/c, Alagappa University College of Physical Education, Alagappa University, Karaikudi.		
8.	The Chief Inspector of Physical Education, School Education Department, Chennai	- 390/-	
9.	<b>Prof. Dr.S.Vasanthi,</b> Professor and Head, Department of Physical Education and Sports, Pondicherry University, Puducherry,	Chloriting p23	
10.	Prof. Dr. P. Johnson, Principal, University College of Physical Education and Sports Sciences, Acharya Nagarjuna University, Guntoor, Andra Pradesh.	301	
Specia	Invitees		
11.	<b>Dr.S.Jaykumar</b> , Assistant Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	John 1, 30/10/33	
	<b>Dr.S.Velkumar</b> , Assistant Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	S. Welkings. b.c.3	
	<b>Dr.C.Lakshmanan</b> , Assistant Professor, Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai-127	C. JUJ 30.6.23	
	Dr.Rengarajan, Guest Lecturer in Tamil, TNPESU.	@05h 3016/20	
15	<b>Dr.Mathini</b> , Assistant Professor, Department of English, Sankaracharya University, Kancheepuram	_	

## Tamil Nadu Physical Education and Sports University, Chennai - 600127 School of Distance Education

## Board of Studies Meeting - Sports Psychology & Sociology

The meeting of the Board of Studies was held on 06.06.2023(Tuesday) at 10.30 am in Tamil Nadu Physical Education and Sports University, Chennai - 600127. The following members were present for the meeting:

S. No.	Name, Designation and Address		
1	Dr.V.Mangaiyarkarasi, Professor and Head, Department of Sports Management and Sports		
	Psychology & Sociology, TNPESU, Chennai - 600127.		
2	Dr.B.Devamaindhan, Professor in Management Studies,		
	Institute of Distance Education, University of Madras, Chennai - 600005		
3	Dr.R.Ramakrishnan, Professor and Head, Department of Advanced Sports Training and		
	Technology, TNPESU, Chennai - 600127.		
4	Dr.S.Prem Kumar, Professor, Department of Sports Management and Sports Psychology &		
	Sociology, TNPESU, Chennai - 600127.		
5	Dr.Shahin Ahmed, Professor, Department of Sports Management and Sports Psychology &		
	Sociology, TNPESU, Chennai - 600127.		
6	Dr.K.Kannadasan, Associate Professor, Department of Sports Management and Sports		
	Psychology & Sociology, TNPESU, Chennai - 600127.		
7	Dr.V.Ramesh Kumar, Assistant Professor, Department of Sports Management and Sports		
	Psychology & Sociology, TNPESU, Chennai - 600127.		

The following members were absent for the meeting:

1	<b>Dr.K.S.Chandrasekar,</b> Professor, Institute of Management in Kerala, University of Kerala, Thiruvananthapuram, Kerala.
2	Dr.S.Subramanian, Professor and Director, School of Management Studies, Tamil Nadu Open University, Saidapet, Chennai - 600015.
3	Mr.K.Karthik Balaji, Project Manager (Sports), Ebaco India Pvt Ltd., Bangalore.

## MINUTES OF THE MEETING OF BOARD OF STUDIES

Resolved that the members of the Board of Studies in Sports Psychology & Sociology (School of Distance Education) have reviewed the existing curriculum, discussed elaborately on the same and

approved the revised curriculum, syllabi and regulations of the following Programmes under Choice Based Credit System (CBCS) to be offered by the School of Distance Education of the Tamil Nadu Physical Education and Sports University from the calendar year 2023 onwards:

Name of the Programme	Specialisation	Duration	No of Semesters	Total Credits
Master of Psychology (M.Sc.)	Psychology	2 Years	4	72
Post Graduate Diploma in  Counseling Psychology	Counseling Psychology	2 Years	2 (Non- Semester)	80

The detailed curriculum, syllabi and regulations are appended in this minutes.

Sl.No	Name of the Member	Signature	
1	Dr.V.Mangaiyarkarasi	V. Nepplester	
2	Dr.B.Devamaindhan	R. D. 6.7-23.	
3	Dr.R.Ramakrishnan,	Dann 6/6/23	
4	Dr.S.Prem Kumar	Muly	
5	Dr.Shahin Ahmed	100 Rl 6/6/2013	
6	Dr.K.Kannadasan	2. 2 - \$66/2013	
7	Dr.V.Ramesh Kumar	4 Parmet 100/2013	

## TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY Chennai – 600 127 School of Distance Education

Minutes of Board of Studies in Tamil held on 05 June 2023

The meeting of the Board of Studies in Tamil the School of Distance Education was convened on 05 June 2023 at 11.00 am at the Syndicate Hall of Tamil Nadu Physical Education and Sports University, Chennai. The following members were present in the meeting:

- Dr.D.Sathiakumar
   Director-School of Distance Education
   Tamil Nadu Physical Education and Sports University
   Chennai-127
- Dr.N.Elango
   Associate Professor of Tamil
   Madras Christine College
   Chennai- 5
- 3. Dr.S.Aranganathan
  Department of Tamil
  Tamil Nadu Open University
  Chennai
- 4. Dr. S.Rengarajan Guest Lecturer TNPESU

#### The minutes of the meeting are as follows:

Resolved that the members of the Board of Studies reviewed the existing curriculum of Part-I Tamil and elaborately discussed on it and then approved the revised syllabus of Part-I Tamil for four Semesters to be introduced from the Academic Year 2023-24 onwards. The syllabus is enclosed with this minutes.

Signature

1.Dr.D.Sathiakumar

05 106 1202

2.Dr.N.Elango

3. Dr.S.Aranganathan

J. Dei um 15/6/23

4.Dr.S.Rengarajan

## TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

## DEPARTMENT OF ADVANCED SPORTS TRAINING AND SPORTS TECHNOLOGY

## **Board of Studies in Sports Technology**

The meeting of the Board of Studies in Sports Technology was held on 25.05.2021 (Tuesday) at 11.00 am through Zoom Online platform for revision of syllabi, addition of new subjects for Masters in Sports Technology. The following members were present for the meeting:

Sl.No	Name, Designation and Address		
1	Dr.R. Ramakrishnan, Professor and Head,		
	Department of Advanced Sports Training and Technology,		
	TNPESU, Chennai 127 (convenor)		
2.	Dr. K. Jayapal, Associate Professor,		
	Department of Mechanical Engineering,		
	Indian Institute of Information Technology, Design and Manufacturing, Kanchipuram		
	(member)		
3.	Dr. P. Kannan, Professor and Head,		
	Department of Electronics and Communication Engineering,		
	Panimalar Engineering College, Poonamallee(member)		
4.	Dr. B. Ramesh, Principal,		
	Saveetha Institute of Medical and Technical Sciences, Chennai(member)		
5.	Dr.G. Nallavan, Assistant Professor,		
	Department of Advanced Sports Training and Technology, TNPESU, Chennai 127(member)		

#### MINUTES OF THE BOARD OF STUDIES

Resolved that the members of the Board of Studies in Sports Technology had a detailed discussion and made necessary corrections in the existing syllabi and addition of new subjects both in the core subject and in the electives offered in Masters in Sports Technology (M.Tech Sports Technology) offered by the Department of Advanced Sports Training and Technology of this University under Choice Based Credit System (CBCS). The Changes incorporated in the syllabus are tabulated below:

## > Core Subjects

SL. No	Semester	Subject Code	Existing Subject	New Subject/Syllabus Revision
1.	First Sem	PST18CL102	I Sem- Computer Aided Modeling lab	Numerical Analysis Lab
2.	Second Sem	Core/PST 18CT201	Sports Biomechanics	Biomechanical Analysis in Sports (with 40% revision in syllabus and subject name change)
3.	Second Sem	Core/PST 18CT202	Measurement and Instrumentation in sports	Applications of Sensors and Transducers in Sports
4.	Second Sem	Core Lab 1/ PST18CL201	Sports Performance Analysis Lab	(Syllabus Revision)
5.	Second Sem	Core Lab 2/ PST18CL202	Computer Aided Modeling lab	CFD and FEM Sports Simulation Lab

## **Elective Subjects**

Sl.No	Existing Electives to removed	New Electives to be added	
1	Robotics and artificial intelligence	Robotics and Machine vision system	
2	Physiology of Sports and Exercise	Digital Image Processing	
3	Race engine design for optimal performance	Digital Video Processing	
4	Sports Equipment Materials	Computer Vision	
5	Sports Psychology: Issues and Applications	Mobile Computing	
6	Commercialization of Sports	Aerodynamics in Automobile	
7	Sports Economics	Polymer Engineering	
8	Sports equipment materials	Wind Engineering for Sports	
9	Sports Materials Engineering	Reverse Engineering	
10	Race Car Vehicle Dynamics	Introduction to Embedded Systems	
11	Applied Biomaterials in Sports Technology	Introduction to Internet of Things(IOT)	
12	Software in Sports	Product Design and Development	
13		Sports And Event Management	
14		Additive Manufacturing Processes and Applications	
15		CFD and FEM simulation for Sports Engineering	
16		Aerodynamics in Automobile	
17		Introduction to Embedded Systems	

## > Second Semester Summer Vacation

The Board of Studies members recommended for the introduction of Internship for the students after the completion of second semester examination so that the summer vacation can be effectively utilized by the students academically. The details are listed below.

Sl.No.	Course type &Code No.	Course Title	Teaching Scheme				ks	Total Marks	
			Th	Tuto	Lab	122	IN	EX	
1	Core/ PST18IP201	Internship	. 0	0	0	2	25	75	100
411.75		Total Credits		13		. 5. 64	4	2	

## > Open Generic Elective Courses Offered for other Department Students

In the open elective for other department students already four electives offered and now a new elective course is introduced. The details are tabulated:

Sl.No.	Subject Code	Elective Subject Name
1	PST21GE005	Physics of Sports

## > Value Added Courses Offered to All Department Students

As per the recommendations of University Grants Commission, Value Added courses are to be offered by this department in view of enhancing students placement opportunities and the details are listed below:

Course	Course		Teaching Scheme		Credits	Marks		Total
			Tuto	Lab		IN	EX	Marks
PST21VA00	Software Application in Match Analysis (Theory and Practical)	3	0	6	6	50	150	200
PST21VA00 2	Ms Excel for Sports science (Theory and Practical)	3	0	6	6	50	150	200
PST21VA00	Practical Application of LaTeX(Theory and Practical)	3	0	6	6	50	150	200

These courses can be undertaken by interested students of this university apart from their regular curriculum and study hours.

The members of the Board thoroughly discussed the changes and addition of new courses in the curriculum and unanimously approved the same as it caters to the need of the students in the present scenario. The new curriculum to be offered from the academic year 2021-2022 onwards. As per the revised curriculum the M.Tech in Sports Technology Masters Programme would have totally 76 credits among that 4 credits are not included for calculating CGPA.

The detailed curriculum, syllabi of Masters in Sports Technology Programme have been appended in this minute.

Sl.No	Name, Designation and Address	Signature
1	Dr.R. Ramakrishnan, Professor and Head, Department of Advanced Sports Training and Technology, TNPESU, Chennai 127	andred
2.	Dr.K.Jayapal, Associate Professor, Department of Mechanical Engineering, Indian Institute of Information Technology, Design and Manufacturing, Kanchipuram, Chennai -127	Joy h. 1 125/05/21
3.	Dr. P. Kannan, Professor and Head, Department of Electronics and Communication Engineering, Panimalar Engineering College, Poonamallee, Chennai	Dr. P. KANNAN, v.e., en D.  Electronic Control College Fluctural Engineering College Fluctural Phonormalise, Cheman College Ch
4.	Dr. B. Ramesh, Principal, Saveetha Institute of Medical and Technical Sciences, Chennai	B. D. and
5.	Dr.G. Nallavan, Assistant Professor, Department of Advanced Sports Training and Technology, TNPESU, Chennai 127	Mallavan

## Tamil Nadu Physical Education and Sports University,

### Chennai- 600 127

#### SCHOOL OF DISTANCE EDUCATION

#### DEPARTMENT OF YOGA

#### MINUTES OF THE BOARD OF STUDIES MEETING

The Meeting of the Board of studies was held on 06.06.2023 (Tuesday) by 11.00 a.m. in the Syndicate Hall of Tamil Nadu Physical Education and Sports University.

The following members were present at the meeting

S.No	Name and Designation	Signature
1.	Dr.V.Duraisami, Chairman, (Member), Associate Professor, HOD i/c Department Yoga, TNPESU	Luming
2.	Dr.S.Selvalakshmi,(Member),Associate Professor, Department of Yoga, TNPESU	8 hun 6/6/23
3.	Dr.D.Sathiakumar,(Member) Director-School of Distance Education, TNPESU	1000 2023
4.	Dr.S.Murugesan,(Member), Professor, Faculty of Sciences And Therapy, MAHER, Chennai.	5. ms con 56.6.23.
5.	Dr.M.Senthilkumar,(Member), Associate Professor & Head i/c Department of Yoga, SRM University, Chennai	Morry
6.	Dr.Karuna Nagarajan,(Member) Associate Professor, SVYASA University, Bangalore.	ON-TIME [ Wook WHOMP

The following members were absent viz.

S.No	Name and Designation				
1 .	Dr.Venkatachalapathy,(Member), Assistant Professor, Director i/c				
	Centre for Yoga Studies Annamalai University, Chidambaram,				

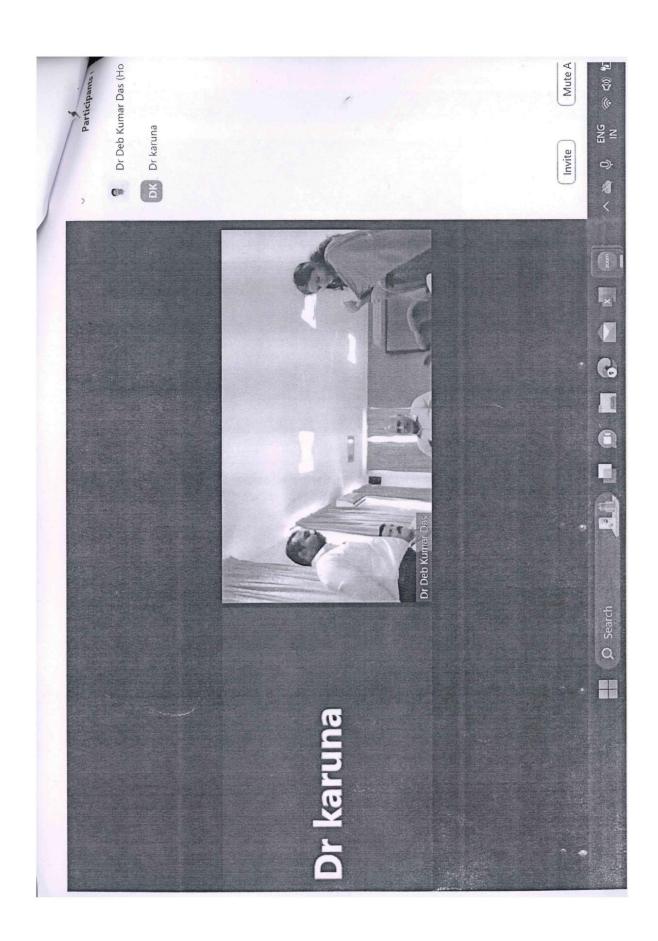
### MINUTES OF THE BOARD OF THE STUDIES

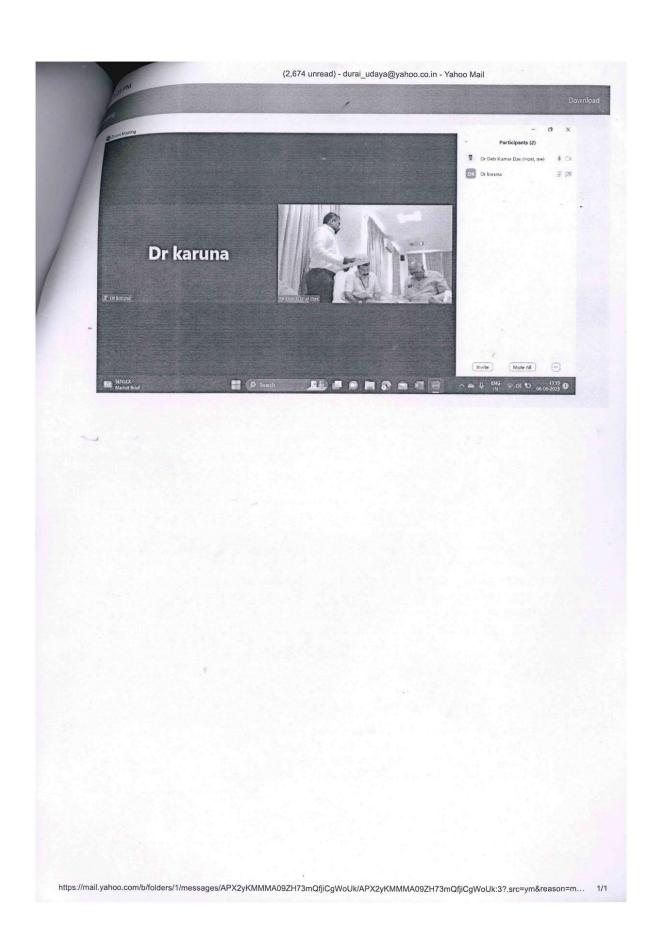
The Jollowing Programmes under CBCS to be offered by the School of Distance Education, TNPGSU, From the Year 2023 onwards.

- 1. B.Sc Yoga
- 2. M.Sc Yoga
- 3. P. Cr. Diploma in Yoga
- 4. Diploma in Yoga
  - 5. Certificate Course in Voga.

It was resolved that the Candidates Possesing any degree From any recognized Institutions/Bodies are eligible to admitted in the P.CT Programmes.

It was resolved that as Per the Crovernment of Tamil Nadu norms, the students those who have Completed Series Secondary (+2) through National Institute of open Schooling (NIOS) - Ministry of Education, Grovernment of India are eligible to Join the Yoga Ucr Programes offered through school of distance Education, TNPESU.





# TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY DEPARTMENT OF YOGA BOARD OF STUDIES MEETING – REGULAR COURSES – 30.06.2023 MINUTES OF THE MEETING

The meeting of the Board of Studies was held on 30.06.2023 (Friday) by 11AM in the Department of Yoga at Tamilnadu Physical Education and Sports University.

The following are the members of BOS in yoga:

Sl. No.	NAME AND DESIGNATION
1.	Dr. V. DURAISAMI, (chairman), Associate Professor, Head i/c, Department of
	Yoga, TNPESU.
2.	Dr. S.SELVALAKSHMI, (Member), Associate Professor, Dept of Yoga, TNPESU.
3.	<b>Dr. S. MANIKANDAN,</b> (Member), The Professor and Head, Dept of Physical Education, TNPESU.
4.	Dr. P.K. SENTHILKUMAR, (Member), Associate Professor & Head i/c, Dept of Exercise
	Physiology and Nutrition, TNPESU.
5.	<b>Dr. R. ELANGOVAN,</b> (Member), Former, Professor and Head, Faculty of Yogic Sciences and Therapy, MAHER, Chennai.
6.	<b>Dr. G. VASANTHI,</b> (Member), Professor & Head, Dept of Physical Education, Pondicherry University, Puducherry.
7.	DR. VENKATACHALAPATHY, (Member), Assistant Professor, Director i/c, Center for Yoga Studies, Annamalai University, Chidambaram.

- 8. DR. A. SUBRAMANIAN, (Member), Senior Faculty, S-VYASA Yoga University, Bengaluru 560019.
  - It is resolved to accept the regulations, schemes of Examination, syllabus and other details of the following courses from the academic year 2023-24:

The Following Courses for which the above details are framed.

- 1. B.Sc Yoga.
- 2. M.Sc Yoga
- § P.G. Diploma In Yoga
- 4. B. Sc Yoga For Human Excellence
- 5. M.Sc Yoga For Human Excellence.
  - 6. Two Value Added Courses: 1. Certificate Course in Yoga. 2. Certificate Course in Establishing & the Revenue models for yoga centers.
    - \* It is resolved to accept the instructions of TANSCHE wherever and whenever they have been to adhere
    - \* It is resolved to accept the panel of examiners for all the yoga courses which as enclosed herewith.

The members Presented in the meeting are:

SI.	NAME AND DESIGNATION	SIGNATURE
1.	Dr. V. DURAISAMI, (chairman), Associate  Professor, Head i/c, Department of Yoga, TNPESU.	Dunn.
2.	Dr. S.SELVALAKSHMI, (Member), Ass Professor, Dept of Yoga, TNPESU.	30/6/23
3.	Dr. S. MANIKANDAN, (Member), The Professor and Head, Dept of Physical Education, TNPESU.	d. Ward 30/6/20
4.	Dr. P.K. SENTHILKUMAR, (Member), Associate	Am me 2016/23

	Professor & Head i/c, Dept of Exercise Physiology and Nutrition, TNPESU.	¥ <sup>2</sup>
5.		
J.	Dr. R. ELANGOVAN, (Member), Former, Professor and	0 81 02
	Head, Faculty of Yogic Sciences and Therapy, MAHER,	R. & John 2023
	Chennai.	₩
6.	Dr. G. VASANTHI, (Member), Professor & Head, Dept	al Mrs
	of Physical Education, Pondicherry University, Puducherry.	CHA SOLVA
7.	DR. VENKATACHALAPATHY, (Member), Assistant	Attended Through
	Professor, Director i/c, Center for Yoga Studies, Annamalai	ON-LINE
	University, Chidambaram.	
8.	DR. A. SUBRAMANIAN, (Member), Senior Faculty, S-	
	VYASA Yoga University, Bengaluru – 560019.	ON-LINE.

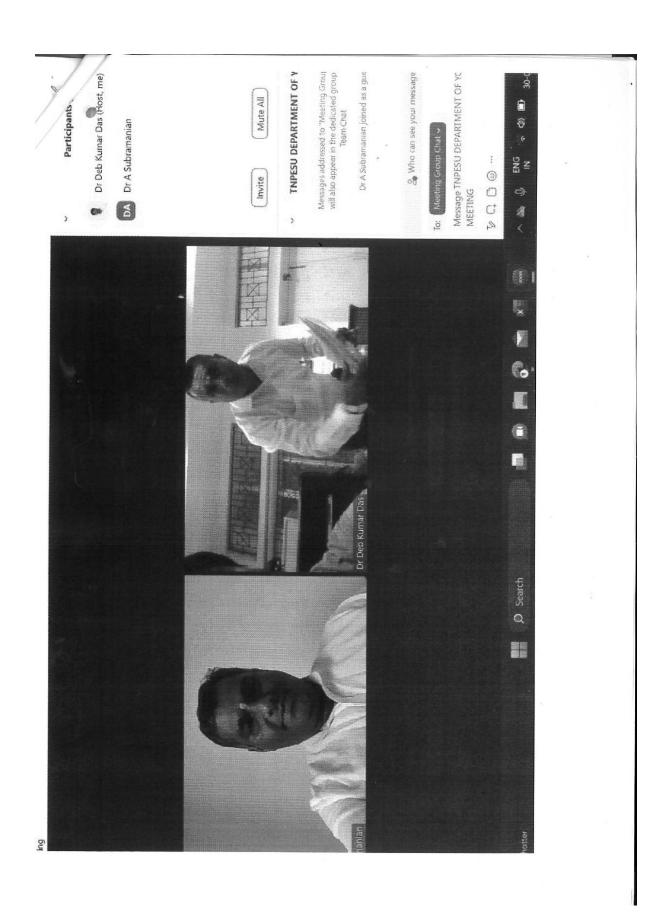
It is resolved to request the university to revive M.Sc Yoga Therapy from 2023-24 as
because the importance of yoga therapy has been insisted by the Government of India at
the assembly of United Nations Organizations in the year 2014. It is the need of the our to
introduce yoga therapy at our university at once.

# TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY DEPARTMENT OF YOGA BOARD OF STUDIES MEETING – REGULAR COURSES – 30.06.2023 ATTANDANCE SHEET

The Board of Studies was held on 30.06.2023 (Friday) by 11AM in the Department of Yoga at Tamilnadu Physical Education and Sports University. The following Members were present for the meeting:

Sl. No.	NAME AND DESIGNATION	SIGNATURE
1.	Dr. V. DURAISAMI, (chairman), Associate Professor, Head i/c, Department of Yoga, TNPESU.	Ammut:
2.	Dr. S.SELVALAKSHMI, (Member), Assieiche Professor, Dept of Yoga, TNPESU.	Solum 30/6/20
3.	<b>Dr. S. MANIKANDAN,</b> (Member), The Professor and Head, Dept of Physical Education, TNPESU.	S. NON 30/6/202
4.	<b>Dr. P.K. SENTHILKUMAR,</b> (Member), Associate Professor & Head i/c, Dept of Exercise Physiology and Nutrition, TNPESU.	Am me 201623
5.	<b>Dr. R. ELANGOVAN</b> , (Member), Former, Professor and Head, Faculty of Yogic Sciences and Therapy, MAHER, Chennai.	R. St. 7:
6.	<b>DR. VENKATACHALAPATHY</b> , (Member), Assistant Professor, Director i/c, Center for Yoga Studies, Annamalai University, Chidambaram.	Allended Through
7.	DR. A. SUBRAMANIAN, (Member), Senior Faculty, S- VYASA Yoga University, Bengaluru – 560019.	ON - LINE
8.	<b>Dr. G. VASANTHI</b> , (Member), Professor & Head, Dept of Physical Education, Pondicherry University, Puducherry.	Month 120









## Tamil Nadu Physical Education and Sports University, Chennai - 600127 School of Distance Education

#### Board of Studies in Advanced Training and Coaching

The meeting of the Board of Studies was held on 06.06.2023(Tuesday) at 10.30 am in Tamil Nadu Physical Education and Sports University, Chennai - 600127. The following members were present for the meeting:

S. No.	Name, Designation and Address			
1	Dr.S.Thirumalai Kumar Head i/c, Department of Advanced Training and Coaching, TNPESU, Chennai			
2	Dr J Jackson SutharSingh, Associate Professor, YMCA CPE, Chennai			
3	Dr A Merlin Thanka Daniel, Assistant Professor, YMCA CPE, Chennai			
4	Dr Arumugam, Assistant Professor & Head, Department of Physical Education, Manonmaniam Sundaranar University, Tirunelveli			

The following members were absent for the meeting:

		$\neg$
1	Dr M Rajasekaran, Professor & Director, Annamalai University, Chidambaram	

### MINUTES OF THE MEETING OF BOARD OF STUDIES

Resolved that the members of the Board of Studies in Advanced Training and Coaching (School of Distance Education) have reviewed the existing curriculum, discussed elaborately on the same and approved the revised curriculum, syllabi of the programmes (list enclosed) and to be offered by the School of Distance Education of the Tamil Nadu Physical Education and Sports University from the calendar year 2023 – 2024 onwards:

Name of the Programme	Duration	Mode
Post Graduate Diploma	2 Years	Non semester
Diploma Programme	1 Year	Non semester
Certificate Programme	6 Months	Non semester

### Signed on 06.06.2023 by

Sl.No	Name of the Member	Signature
1	Dr.S.Thirumalai Kumar Head i/c, Department of Advanced Training and Coaching, TNPESU, Chennai	Doralug 10123
2	Dr J Jackson SutharSingh, Associate Professor, YMCA CPE, Chennai	Felias 1 26/06/23
3	Dr A Merlin Thanka Daniel, Assistant Professor, YMCA CPE, Chennai	Mar -
4	Dr Arumugam, Assistant Professor & Head, Department of Physical Education, Manonmaniam Sundaranar University, Tirunelveli	600 HG16128

## Tamil Nadu Physical Education and Sports University, Chennai – 600127 Department of Sports Psychology & Sociology Regular Courses

#### Board of Studies Meeting -- Sports Psychology & Sociology

The meeting of the Board of Studies was held on 19.06.2023 (Monday) at 11.00 am in Tamil Nadu Physical Education and Sports University, Chennai - 600127. The following members were present for the meeting:

S. No.	Name, Designation and Address		
1	<b>Dr.V.Mangaiyarkarasi</b> , Professor and Head, Department of Sports Management and Sports Psychology & Sociology, TNPESU, Chennai - 600127.		
2	<b>Dr.Shahin Ahmed</b> , Professor, Department of Sports Management and Sports Psychology & Sociology, TNPESU, Chennai - 600127.		
3	<b>Dr.K.Kannadasan</b> , Associate Professor, Department of Sports Management and Sports Psychology & Sociology, TNPESU, Chennai - 600127.		
4	<b>Dr.M.V.Sudhakaran</b> , Head, School of Social Sciences, Tamil Nadu Open University, Saidapet, Chennai - 600015.		
5	<b>Dr.S.Kalavathi,</b> Associate Professor & Head of Sociology, Queen Mary's College (Autonomus), Chennai – 600 004.		
6	<b>Dr.B.Manickavasagam</b> , Associate Professor & Dy.Controller, Department of Sociology, Annamalai University, Annamalainagar – 608002.		
7	<b>Dr.Suresh Sundaram</b> , Associate Professor, Department of Applied Psychology, Rajiv Gandhi National Institute of Youth Development, Sriperumbadur (P.O.), Tamilnadu – 602 105.		

The following members were absent for the meeting:

1	<b>Dr.S.Kalavathi,</b> Associate Professor & Head of Sociology, Queen Mary's College (Autonomus), Chennai – 600 004.
2	Dr.B.Manickavasagam, Associate Professor & Dy.Controller, Department of Sociology, Annamalai University, Annamalainagar – 608002.
3	<b>Dr.Suresh Sundaram</b> , Associate Professor, Department of Applied Psychology, Rajiv Gandhi National Institute of Youth Development, Sriperumbadur (P.O.), Tamilnadu – 602 105.

#### MINUTES OF THE MEETING OF BOARD OF STUDIES

Resolved that the members of the Board of Studies in Sports Psychology & Sociology (Regular Courses) have reviewed the existing curriculum, discussed elaborately on the same and approved the revised curriculum, syllabi and regulations of the following Programmes under Choice Based Credit System (CBCS) to be offered by the Department of Sports Psychology & Sociology of the Tamil Nadu Physical Education and Sports University from the calendar year 2023 onwards:

Name of the Programme	Duration	No of Semesters	Total Credits	
Master of Sports Psychology & Sociology	2 Years	4	91	
Master of Sports Psychology	2 Years	4	91	
Master of Psychology	2 Years	4	91	

The detailed curriculum, syllabi and regulations are appended in this minutes.

Sl.No	Name of the Member	Signature		
1	Dr.V.Mangaiyarkarasi	V. Ney 19106 (2003.		
2	Dr.Shahin Ahmed	had his		
3	Dr.M.V.Sudhakaran,	Ma-		
4	Dr.K.Kannadasan	L. L		

# Tamil Nadu Physical Education and Sports University

Dept. of Exercise Physiology and Biomechanics B.Sc., Sports Biomechanics and Kinesiology

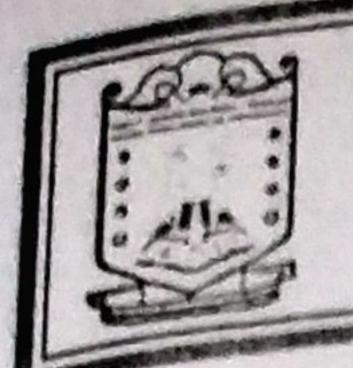
## Minutes of Board of Studies Meeting on 22.05.2019

The Board of Studies meeting for B.Sc., Sports Biomechanics and Kinesiology (Three years under graduate programme) was held on 22.05.2019 at 11.00 am in seminar hall, TNPESU, Chennai. This programme is first of its kind in India and being offered from the academic year 2019-2020.

### Members Present

S.No	Name ·	Designation	Signature
1. Dr. (Mrs). Grace Helina Professor & Head, Dept. of Exercise Physiology and Biomechanics, TNPESU		Professor & Head, Dept. of Exercise Physiology and Biomechanics, TNPESU	Lucialian 19
2.	Dr.P.Rajinikumar  Assistant Professor. Dept. of Exercise Physiology and Biomechanics. TNPESU		2000
3.	Dr. V. Gopinath	Professor, Dept. of Physical Education, Annamalai University	V- 8-22/5
4.	Dr.Dobson Dominic	HOD, PMR & Sports Medicine, Chettinadu University, Chennai	Mul
5.	Dr.Pandithevan	Assistant Professor, School of Mechanical Engineering, IIIT D&M, Kancheepuram	P.P.

The curriculum for BSc Sports Biomechanics and Kinesiology (Three years under graduate programme) has been presented in the board of studies meeting held on 22.05.2019 at 11.a.m at administrative block of Tamil Nadu Physical Education and Sports University. The above listed board of studies members discussed the curriculum in detail and the following modification has been suggested by the board of studies members and it was resolved to implement the curriculum after necessary correction as below.



## தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டு பல்கலைக்கழகம் TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY, CHENNAI Accredited with 'B++' Grade by NAAC

India's First State University in Physical Education and Sports

pr. T. Radhakrishnan Registrar

# No. TNPESU/Regr/BOS - Bio.Mec./2018-1

Date: 13.04.2018

To

1	Dr. (Mrs). Grace Helina, Prof & Head, Department of Exercise Physiology and Biomechanics, TNPESU
2	Dr. P. Rajinikumar, Assistant Professor, Department of Exercise Physiology and Biomechanics, TNPESU
3	Dr.Gopinathan, Professor, Dept. of Physical Education and Sports Sciences, Annamalai University, Chidambaram. Cell: 9443184750
4	Dr. Dobson Dominic, Head of the Department, PMR & Sports Medicine, Chettinadu University, Kelambakkam, Chennai. Cell: 9443328414
5	Dr. Manivannan, Professor, Dept. of Applied Mechanics, Indian Institute of Technology (IITM), Chennai.
6	Dr. Praveen, Dept. Sports Biomechanics, Sports Authority of India, Bangalore
7	Dr. Pandithevan, Assistant Professor, School of Mechanical Engg. Indian Institute of Technology for Design and Manufacturing (IITDM), Kancheepuram. Cell: 9566068420

Sir / Madam,

Sub:

Tamil Nadu Physical Education and Sports University – Department of Exercise Physiology and Biomechanics – Meeting of Board of Studies – Date Intimation - reg.

I am by direction to inform that the Board of Studies for the Department of Exercise Physiology and Biomechanics of Tamil Nadu Physical Education and Sports University is scheduled to be held on 23.04.2018 (Monday) by 10.30 a.m. in the Syndicate Hall of this University.

In this connection, I request you to kindly make it convenient to attend the meeting. Eligible TA / DA, and Honorarium will be paid as per University norms.

Thanking you,

Yours faithfully,

2.200 REGISTRAR

REGISTRAR
Registrar
Tamil Nadu Physical Education
and Sports University
Melakottaiyur,

# Copy to

- 1. The Finance Officer (Disbursement of TA/DA etc., Accommodation and Hospitally) 127
- 2. The Controller of Examinations
- 3. The NAAC Coordinator

# Tamil Nadu Physical Education and Sports University Dept. of Exercise Physiology and Biomechanics MSc., Sports Biomechanics and Kinesiology

Board of Studies Meeting on 23,04.2018

The Board of Studies meeting for MSc., Sports Biomechanics and Kinesiology was held at the administrative building on 23.04.2018 at 10.30 am.

## Members Present

SI. No	Name	Designation	Signature
	Dr. (Mrs). Grace Helina	Prof & Head, Dept. Exercise Physiology and Biomechanics, TNPESU	Quantily 3/4/1
2.	Dr.P.Rajinikumar	Asst. Prof. Dept. Exercise Physiology and Biomechanics, TNPESU	Room
3.	Dr. V.Gopinath	Prof Dept. of Physical Education, Annamalai University	V-a
4.	Dr. Dobson Dominic	HOD, PMR & Sports Medicine, Chettinadu university, Chennai	In In I
5.	Dr, Manivannan	Professor, Dept. of Applied Mechanics, IITM, Chennai	in in the second of the second
6.	Dr. Praveen	Dept. of Biomechanics, SAI, Bangalore	

It was resolved to implement the CBCS curriculum in MSc., Sports Biomechanics and Kinesiology from the academic year 2018-19 with the following changes:

- Replacing the Biomechanics of asanas course with Sports Technology as Discipline Specific Elective.
- 2. To Change the Applied anatomy course name as functional anatomy
- 3. The maximum strength of the MSc Sports Biomechanics and Kinesiology to be 20 students.
- 4. The Internship may be done with Sports Biomechanics lab / renowned Sports science centres / IIT Madras / Chettinadu Academy of Research Institute/ or any other suitable centre of sports.
- 5. The fee structure, percentage of attendance, and the examination pattern will go in accordance with university system.
- 6. The maximum duration of the course is 4 years right from the admission into the course.
- 7. The credits for thesis is increased from 06 credits to 10 credits to a total 110 credits. Subject to the approval of aBCS committee

From 24 4.18 Dr. R. Elangovan, Professel & Head Dept of yege, TIMPESU. Chenoa boo127 CRITERIA (NEW) The Registrer, TNDESU, Chansa Gool27 Respected Six. I wish to bring to you diad attention that we, hi separtment of yoga Conducted Board of Studies Meetings for Regular and Distance Mode on 23.4.18 in yoga J Lerens'th attack the Minutes of the Meeting and the TASDA forms (Hilled in) of the Members attracted separtaly I regular you to leinally accept the Score. Thorstoning you, yours faith fully R. C+ 1=-(Dr. R. ELANGOVAN)

#### Tamil Nadu Physical Education and Sports University, Chennai- 600 127

#### Department of Yoga- Board of studies

The Meeting of the Board of studies was held on 23.4.2018 (Monday) by 11.00 a.m. in the Conference Hall of Tamil Nadu Physical Education and Sports University.

h	C	101	lun	me	members	1100	mercont	1	11-		
-			Real Property	-		11616	lu cecui	ill	1116	HICCHIE	

S.No	Name and Designation
1	Dr.R. Flangovan, Professor & Head, Department of Yoga,
	TNPESU- Convener
2	Dr.G.Ravindran, Principal,
	KoviloorAandavar Collage of Physical Education and Sports Sciences.
	KoviloorMandalayam, Koviloor – 630 307
) 3	Dr.N.A.Perummal, Yoga for Human Excellence - Director General -
	Vision of Wisdom, Temple of Consciosuness. ArutperumJothi Nagar,
	AliyarPollachi - 642 010
	Special Invitee
4.	Mr.Ramamoorthi. Yoga for Human Excellence, Director- Vision of Wisdom.
	Temple of Consciosuness, ArutperumJothiNagar, AliyarPollachi – 642 110
	Special Invitee.

The following members were absent viz.

Dr.D.Rukmani, Technical officer center for yoga studies, Annamalai University, Annamalai Nagar -608002.

Dr. N.Chandrasekaran, Viniyoga Healing Foundation Of India. No.7,25<sup>a</sup> Cross Street, Besent Nagar, Chennai-600090.

Mr.A.Subramanian, Faculty, Swami Vivekananda Yoga AnusandhanaSamsthana University, EknathBhavan, 19, Gayipuram Circle, K.G. Circle, Bangalore-560009,

Mr.B.Sivaramakrishnan, Director, Sri Shankara College of Yoga and Naturopathy, Sannasipatti. Poolankulathupatti Post. Trichy-620 009.

#### MINUTES OF THE BOARD OF THE STUDIES

#### Item No-1

Resolved to follow CBCS system in all Yoga and Yoga related courses (UG and PG degrees only) – (Yoga and Yoga for Human Excellence)being taught and to be introduced at TNPESU and affiliated Colleges of Yoga from the academic year 2018-19.

Item No -2

Resolved to consider and approve the preparation/modification of Syllabus pertaining to Yoga

and Yoga related courses (UG and PG degrees only) - (Yoga and Yoga for Human Excellence) for Regular mode, come under CBCS system from the academic year 2018-19.

#### Item No -3

Resolved to consider and approve the preparation/modification of Syllabus pertaining to Yoga courses for Regular mode such as,

- 1. PG Diploma in Naturopathy
- 2. PG Diploma in Yoga for Human Excellence
- 3. Diploma in Yoga for Human Excellence
- 4. Certificate-course in Yoga for Human Excellence
- 5. B.Sc in Yoga
- 6. M.Se in Yoga
- 7. B.Sc in Yoga for Human Excellence
- 8. M.Se in Yoga for Human Excellence

#### Item No -4

Resolved to approve the fee structure for P.G Diploma in Naturopathy (as per P.G Diploma in Yoga now). P.G Diploma in Yoga for Human Excellence (as per P.G Diploma in Yoga). Diploma in Yoga for Human Excellence (as per Diploma in Yoga). Certificate course in Yoga for Human Excellence(as per Certificate course in Yoga or Diploma in Yoga) (Item No - 3)

#### Item No -5

Resolved to approve the examiners for evaluation and question paper setting (attached)

The committee after finalizing the above matters recommended to the academic council fo its approval.

S.No	Name and Designation	Signature
6		
1	Dr.R. Elangovan, Professor & Head, Department of Yoga,	1831 pr
	TNPESU- Convener	1.4 /23/4/18
2	Dr.G.Ravindran, Principal.	(C)
	KoviloorAandavar Collage of Physical Education and Sports	(3) (3) (4) (8) (2) (4) (8)
	Sciences, KoviloorMandalayam, Koviloor - 630 307	
3	Dr.N.A.Perummal. Yoga for Human Excellence - Director	100
	General – Vision of Wisdom, Temple of Consciosuness,	1800m
	ArutperumJothi Nagar. AliyarPollachi - 642 010	
	Special Invitee	
4.	Mr.Ramamoorthi, Yoga for Human Excellence, Vision of	
	Wisdom . Temple of Consciosuness. Arutperum Jothi Nagar.	6
	AliyarPollachi – 642 110	
	Special Invitee.	

From

Dr. V.DURAISAMI

Associate Professor and Head i/c.

Department of Yoga

Tamilnadu Physical Education and Sports University

Chennai - 600 127

To

#### THE REGISTRAR

Tamilnadu Physical Education and Sports University

Chennai - 600 127

Respected Sir,

Sub: Submission of Minutes of Meeting of the Board of Studies Meeting on 04.03.2022 through online in Department of Yoga — Reg — Req.

I wish to bring the kind information to you sir, as we conducted the Board of Studies meeting through online mode in zoom platform in the department of yoga at TNPESU. Herewith I attach the Minutes of Meeting of Board of Studies and I request you sir give some time for to submit the syllabus copy of all courses and Examiner list of question paper setter and paper valuation in our department. Kindly accept the same.

Thanking you.

Yours faithfully

(V.DURAISAMI)

Enclosures'

1. Minutes of meeting.

## TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY DEPARTMENT OF YOGA BOARD OF STUDIES MEETING – REGULAR COURSES – 04.03.2022 MINUTES OF THE MEETING

The meeting of the Board of Studies was held on 04.03.2022 (Friday) by 4 pm through online mode in Zoom Platform in the Department of Yoga at Tamilnadu Physical Education and Sports University. The following Members were present for the meeting:

SI. No.	NAME AND DESIGNATION	SIGNATURE
1.	Dr. V. DURAISAMI, (chairman), Associate Professor, Head i/c, Department of Yoga, TNPESU.	V. Dummir
2.	Dr. S.SELVALAKSHMI, (Member), Assistant Professor, Dept of Yoga, TNPESU.	Shuit
3.	Dr. S. MANIKANDAN, (Member), The Professor and Head, Dept of Physical Education, TNPESU.	g.Moss
4.	Dr. P.K. SENTHILKUMAR, (Member), Associate Professor & Head i/c, Dept of Exercise Physiology and Nutrition, TNPESU.	Astrono donne
5.	Dr. R. ELANGOVAN, (Member), Professor and Head, Faculty of Yogic Sciences and Therapy, MAHER, Chennai.	R. S. J.
6.	DR. VENKATACHALAPATHY, (Member), Assistant Professor, Director i/c, Center for Yoga Studies, Annamalai University, Chidambaram.	12. 20c/2022
183 4 B F	DR. A. SUBRAMANIAN, (Member), Senior Faculty, S- VYASA Yoga University, Bengaluru – 560019.	Lidsand
	Dr. G. VASANTHI, (Member), Professor & Head, Dept of Physical Education, Pondicherry University, Puducherry.	G/Brokeni

# TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY DEPARTMENT OF YOGA BOARD OF STUDIES MEETING – REGULAR COURSES – 30.06.2023 MINUTES OF THE MEETING

The meeting of the Board of Studies was held on 30.06.2023 (Friday) by 11AM in the Department of Yoga at Tamilnadu Physical Education and Sports University.

The following are the members of BOS in yoga:

Sl. No.	NAME AND DESIGNATION
1.	Dr. V. DURAISAMI, (chairman), Associate Professor, Head i/c, Department of
	Yoga, TNPESU.
2.	Dr. S.SELVALAKSHMI, (Member), Associate Professor, Dept of Yoga, TNPESU.
3.	Dr. S. MANIKANDAN, (Member), The Professor and Head, Dept of Physical Education,
	TNPESU.
4.	Dr. P.K. SENTHILKUMAR, (Member), Associate Professor & Head i/c, Dept of Exercise
	Physiology and Nutrition, TNPESU.
5.	Dr. R. ELANGOVAN, (Member), Former, Professor and Head, Faculty of Yogic Sciences
	and Therapy, MAHER, Chennai.
6.	Dr. G. VASANTHI, (Member), Professor & Head, Dept of Physical Education,
	Pondicherry University, Puducherry.
7.	DR. VENKATACHALAPATHY, (Member), Assistant Professor, Director i/c, Center for
	Yoga Studies, Annamalai University, Chidambaram.

- 8. DR. A. SUBRAMANIAN, (Member), Senior Faculty, S-VYASA Yoga University, Bengaluru 560019.
  - It is resolved to accept the regulations, schemes of Examination, syllabus and other details of the following courses from the academic year 2023-24:

The Following Courses for which the above details are framed.

- 1. B.Sc Yoga.
- 2. M.Sc Yoga
- 3 P.G. Diploma In Yoga
- 4. B. Sc Yoga For Human Excellence
- 5. M.Sc Yoga For Human Excellence.
- G. Two Value Added Courses: 1. Certificate Course in Yoga. 2. Certificate Course in Establishing & the Revenue models for yoga centers.
  - \* It is resolved to accept the instructions of TANSCHE wherever and whenever they have been to adhere
  - \* It is resolved to accept the panel of examiners for all the yoga courses which as enclosed herewith.

The members Presented in the meeting are:

Sl.	NAME AND DESIGNATION	SIGNATURE
No.		
1.	Dr. V. DURAISAMI, (chairman), Associate	
	Professor, Head i/c, Department of Yoga, TNPESU.	Dhum :
2.	Dr. S.SELVALAKSHMI, (Member), Associale Professor,	3 hur 30/6/23
	Dept of Yoga, TNPESU.	30(1)
3.	Dr. S. MANIKANDAN, (Member), The Professor and	11 Al Al 1/2 00
	Head, Dept of Physical Education, TNPESU.	30/6/2003
4.	Dr. P.K. SENTHILKUMAR, (Member), Associate	Am mezolo23

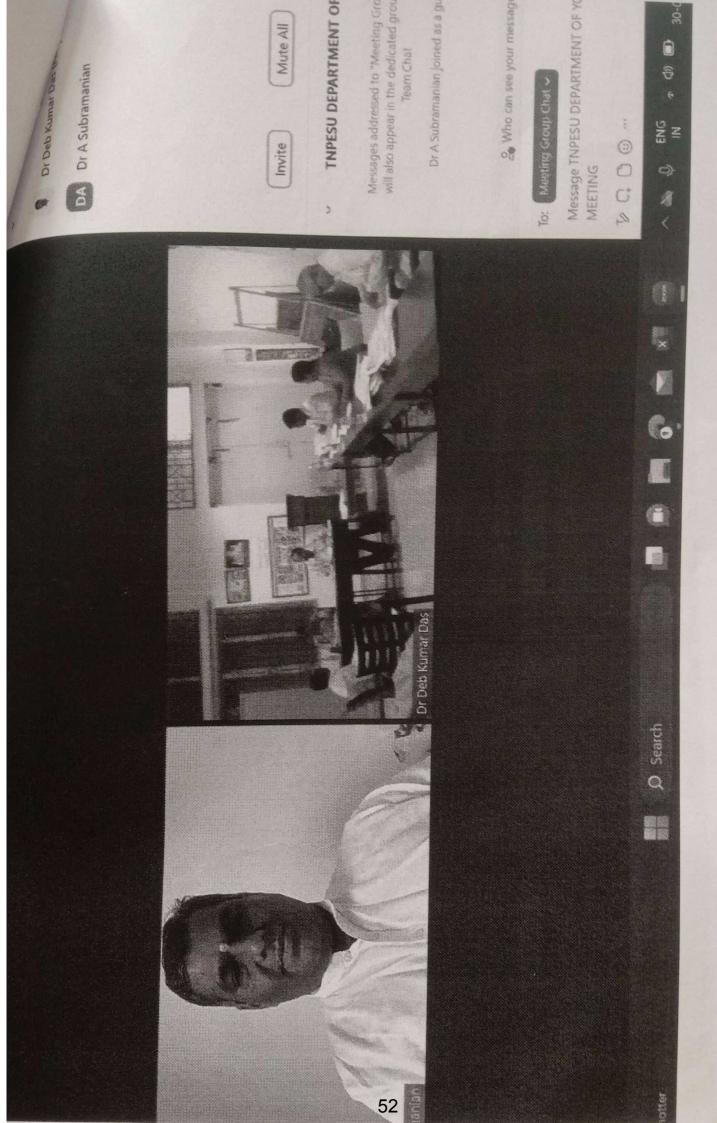
0	Professor & Head i/c, Dept of Exercise Physiology and	
	Nutrition, TNPESU.	
5.	Dr. R. ELANGOVAN, (Member), Former, Professor and	
	Head, Faculty of Yogic Sciences and Therapy, MAHER,	R. Et 3/6/2023
	Chennai.	30/6/
6.	Dr. G. VASANTHI, (Member), Professor & Head, Dept	a Kri
	of Physical Education, Pondicherry University, Puducherry.	Alem.
7.	DR. VENKATACHALAPATHY, (Member), Assistant	Attended Through
	Professor, Director i/c, Center for Yoga Studies, Annamalai	DN-line
	University, Chidambaram.	O IV TILL
8.	DR. A. SUBRAMANIAN, (Member), Senior Faculty, S-	
	VYASA Yoga University, Bengaluru – 560019.	ON-TIME

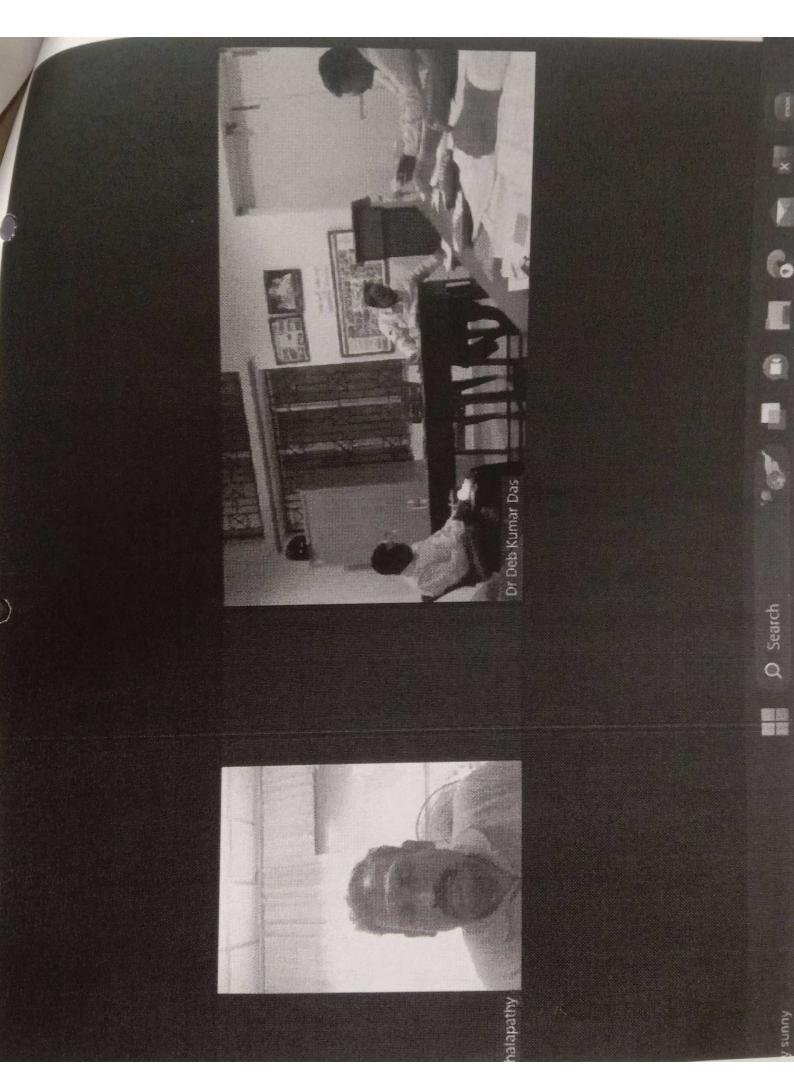
• It is resolved to request the university to revive M.Sc Yoga Therapy from 2023-24 as because the importance of yoga therapy has been insisted by the Government of India at the assembly of United Nations Organizations in the year 2014. It is the need of the our to introduce yoga therapy at our university at once.

# TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY DEPARTMENT OF YOGA BOARD OF STUDIES MEETING – REGULAR COURSES – 30.06.2023 ATTANDANCE SHEET

The Board of Studies was held on 30.06.2023 (Friday) by 11AM in the Department of Yoga at Tamilnadu Physical Education and Sports University. The following Members were present for the meeting:

SI.	NIANG	
	NAME AND DESIGNATION	SIGNATURE
No.		
1.	Dr. V. DURAISAMI, (chairman), Associate	
	Professor, Head i/c, Department of Yoga, TNPESU.	Thumself !
2.	Dr. S.SELVALAKSHMI, (Member), Asserte Professor,	0 1
	Dept of Yoga, TNPESU.	Salvar 30/6/23
3.	Dr. S. MANIKANDAN, (Member), The Professor and	11/20/2/1/2
	Head, Dept of Physical Education, TNPESU.	a. MS 34/6/223
4.	Dr. P.K. SENTHILKUMAR, (Member), Associate	
	Professor & Head i/c, Dept of Exercise Physiology and	Hom m216123
BALL	Nutrition, TNPESU.	1900 1111 30/6/23
5.	Dr. R. ELANGOVAN, (Member), Former, Professor and	2.
	Head, Faculty of Yogic Sciences and Therapy, MAHER,	R 245
	Chennai.	R. Et 15- 30/6/2023
6.	DR. VENKATACHALAPATHY, (Member), Assistant	Attended thomas
	Professor, Director i/c, Center for Yoga Studies, Annamalai	Attended though
1000	University, Chidambaram.	ON-FINE
7.	DR. A. SUBRAMANIAN, (Member), Senior Faculty, S-	
	VYASA Yoga University, Bengaluru – 560019.	ON-TINE
8.	Dr. G. VASANTHI, (Member), Professor & Head, Dept	1 M Kr. 123
	of Physical Education, Pondicherry University, Puducherry.	(2) 20/0 pl





# Tamil Nadu Physical Education and Sports University, Chennai - 600127 Department of Sports Management and Sports Psychology & Sociology Board of Studies in Sports Psychology & Sociology

The meeting of the Board of Studies in Sports Psychology & Sociology was held on 23.04.2018 (Monday) at 02.30 pm in Tamil Nadu Physical Education and Sports University, Chennai - 600127. The following members were present for the meeting:

S. No.	Name, Designation and Address		
1.	<b>Dr.Shahin Ahmed</b> , Professor and Head, Dept. of Sports Management and Sports Psychology & Sociology.(Chairperson)		
2.			
3.	Dr.V.D.Swaminathan, Professor, Dept. of Psychology, University of Madras, Chennai.		
4.	<b>Dr.Jayashree Acharya</b> , Dean, National Sports University Society, Imphal, Manipur (Govt. of India, Ministry of Youth Affairs & Sports).		
5.	Dr.STN Rajeswaran, Dean, Faculty of Education, Bharathiar University, Coimbatore.		
6.			
7.			
8.	Dr.Kalavathi, Associate Professor, Dept. of Sociology, Queen Mary's College, Chennai. (Special Invitee)		
9.	<b>Dr.Banaugayathri Devi</b> , Associate Professor, Dept. of Sociology, Queen Mary's College, Chennai.		

Member in lieu of absent: 8) Dr.Kalavathi, Associate Professor, Dept. of Sociology, Queen Mary's College, Chennai. (Special Invitee). 9) Dr.Banaugayathri Devi, Associate Professor, Dept. of Sociology, Queen Mary's College, Chennai.

#### MINUTES OF THE BOARD OF STUDIES

Resolved that the members of the Board of Studies in Sports Psychology & Sociology have discussed, devised and approved the revised curriculum, Syllabi and regulations of Master of Science (M.Sc.) in Sports Psychology & Sociology, M.Sc. in Sports Psychology, M.Sc. in Psychology and M.A. Sociology programme under the Choice Based Credit System (CBCS) offered by the Department of Sports Management and Sports Psychology & Sociology of this University. The duration of all the four Masters programme are of two years and the total credit requirements for M.Sc. Programme are 102 credits along with 12 credits for non-CGPA courses and for M.A. Programme is 88 credits with 10 credits for non-CGPA courses. The detailed curriculum, syllabi and regulations of M.Sc. in Sports Psychology & Sociology, M.Sc. in Sports

Psychology, M.Sc. in Psychology and M.A. Sociology programme under the CBCS are appended in this minute.

Further, it was also noted by the members of the Board that the Sports Psychology, Sports Sociology and Sports Management are three different major areas but clubbed together as one department moreover, Sports Management is a Technical Programme approved by the *All India Council for Technical Education (AICTE) and which* cannot be merged with the Department of Sports Psychology and Sociology as these two Departments are not related. The members of the Board have suggested that for the benefit of the students and considering the future of the Department, it was unanimously resolved to recommend that the existing 'Department of Sports Management and Sports Psychology & Sociology' may be restored as 'Department of Sports Psychology & Sociology and Department of Sports Management' as it was existed at the time of inception of the University (as per G.O.Ms.No.233, Higher Education (K2) Department, Government of Tamil Nadu, dated 21.07.2006).

Sl.No	Name of the Member	Signature
1.	Dr.Shahin Ahmed, Professor and Head, Dept. of Sports Management and Sports Psychology & Sociology.(Chairperson)	23 7 18
2.	<b>Dr.V.Mangaiyarkarasi</b> , Professor, Dept. of Sports Management and Sports Psychology & Sociology	V-My /20104118
3.	<b>Dr.V.D.Swaminathan</b> , Professor, Dept.of Psychology, University of Madras, Chennai.	V.D. framiration 23/4/18.
4.	<b>Dr.Jayashree Acharya</b> , Dean, National Sports University Society, Imphal, Manipur (Govt. of India, Ministry of Youth Affairs & Sports).	Moharth 3.4.18
5.	<b>Dr.STN Rajeswaran</b> , Dean, Faculty of Education, Bharathiar University, Coimbatore.	Gorbonen 28/1/lis
6.	<b>Dr.M.V.Sudhakaran</b> , Professor, School of Social Science, Tamil Nadu Open University, Chennai.	723/4/18
7.	<b>Dr.Nirmala Narayanan</b> , Assistant Professor, Sri Kanyaka Parameswari Arts and Science College for Women,(Alumni)	Dung /25/1/18

Registrar
Tamlinadu Physical Education
and
Sports University
Chennal - 600 127.